

## HOME MANAGEMENT AND HOME FURNISHINGS

UNIVERSITY OF HAWAII  
COLLEGE OF AGRICULTURE  
U.S.D.A. COOPERATING

Cooperative Extension Work  
In  
Agriculture and Home Economics  
Territory of Hawaii

AGRICULTURAL EXTENSION SERVICE  
HONOLULU, HAWAII

Home Economics Circular No. 262

October, 1953

# LEARN HOW BOOK



Prepared by Beverly M. Myers  
Specialist in Home Management and Home Furnishings

Books interest children of all ages. The very young like to feel and to turn the pages. As the child gets older he likes to look at the pictures. Finally, he develops the ability to read. Regardless of the stage the child is in, he generally is learning about the world around him from books.

Parents can help their child develop an interest in books by reading stories to him. They may also help the child select books which will enable him to develop abilities and skills. With this in mind, the Learn How Book was developed. By learning to operate the articles in the Learn How Book, the child develops specific skills which he will need to know when learning to dress himself. It also gives the child a book which he can understand without having the ability to read. By "learning how," he can feel that the book really belongs to him!

### Directions for Making

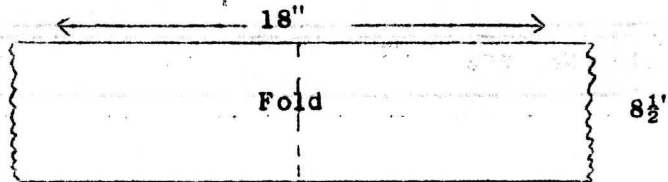
#### Materials Needed:

2/3 yard of 36 inch wide material--denim or any firmly woven cotton.  
Scraps of required sizes for pocket, jacket, belts and shoe (see directions in Section 2, "How to Make the Book," a to e).  
Thread  
1 button, one inch diameter  
1 shoe lace  
2 snaps (or gripper snaps)  
8 eyelets  
5 or 6 inch zipper (or, may use upper part of an old one)

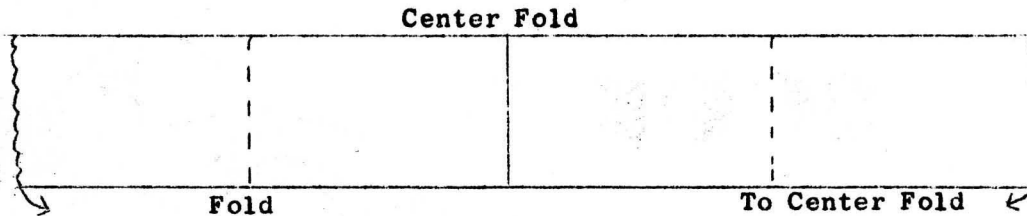
# How to Make the Book:

## 1. Pages

- a. Center pages: Cut three pieces, 18 inches long,  $8\frac{1}{2}$  inches wide. Cut with pinking shears. Fold each in center to make three pages.

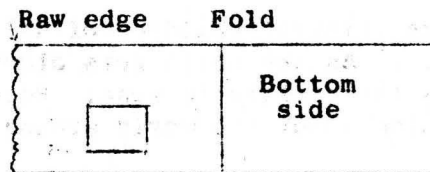


- b. Front and back: Cut one piece 36 inches long,  $8\frac{1}{2}$  inches wide. Cut with pinking shears. Fold in center and then bring each edge into center fold.

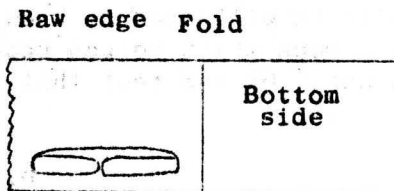


2. Sew "Learn How" articles on top section of the inside pages, raw edge will be to the left, fold to the right. (Do not sew the top side of the page to the bottom side.)

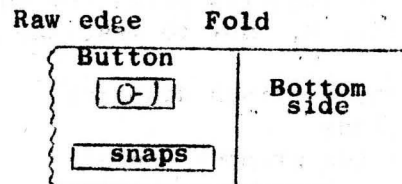
- a. Pocket: Cut a piece of material 4" x 4". Fold  $\frac{1}{2}$ " under, stitch across the top of pocket, then sew pocket to page. Insert a handkerchief.



- b. Belt for snaps: Cut a strip  $4\frac{1}{2}$ " wide and 8" long. Sew across the bottom and up one side. Turn belt inside out, sew up open end. Sew 2 snaps on the end of the belt. Sew belt to the page, by stitching it down about 2" from each edge, fold edges over to snap.

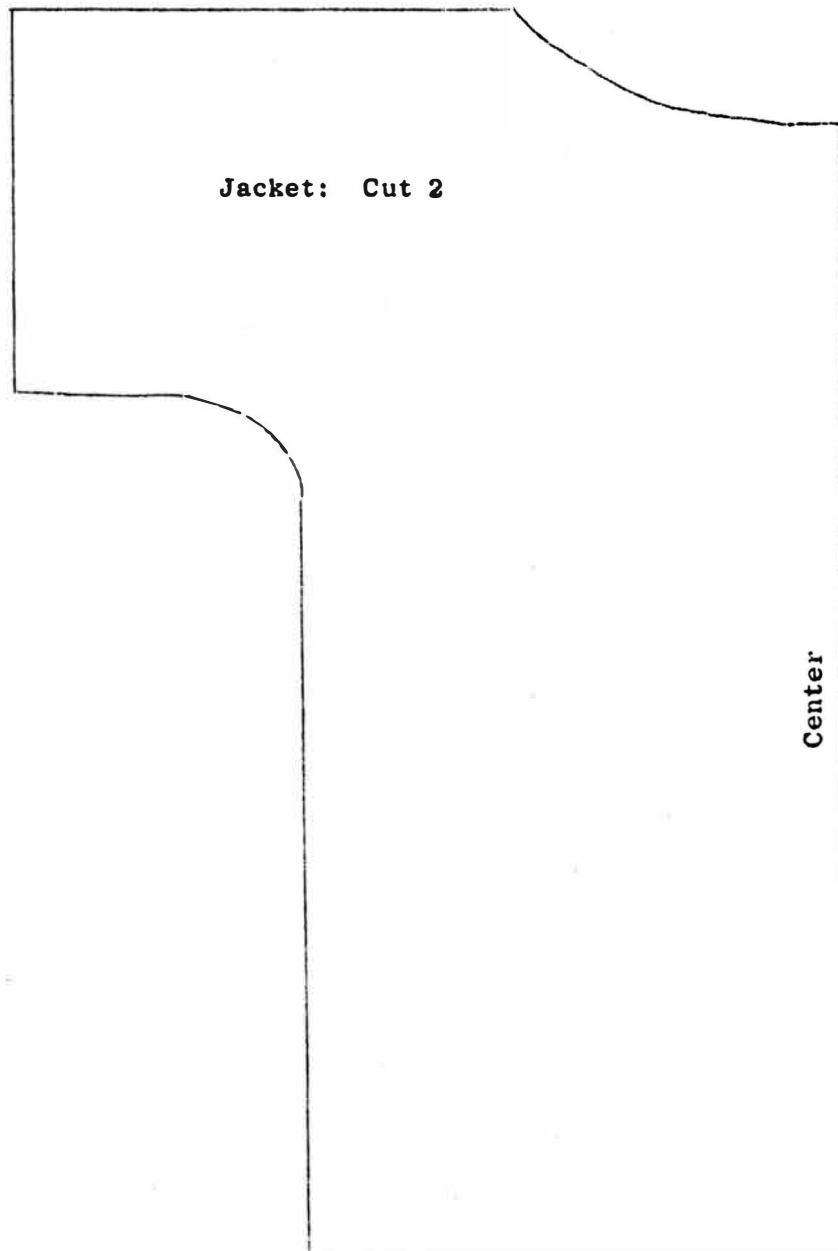


- c. Belt for button: Cut a strip 6" wide and 8" long. Sew across the bottom and up one side. Turn inside out and sew up the open end, folding under the raw edges. Work a 1" buttonhole on one end and sew on the button. Stitch on the page above the snap-belt. Sew down about  $2\frac{1}{4}$ " from each end. Fold over and button.



- d. Jacket: Cut, using attached pattern for jacket. Fold under  $\frac{1}{2}$ " at the center. Stitch in the zipper. Bring center fold of each half just to edge of zipper teeth. Be sure the top of zipper is at the neck edge. Stitch  $\frac{1}{4}$ " from each edge.

Stitch the jacket to the page, folding the raw edges of the jacket under.

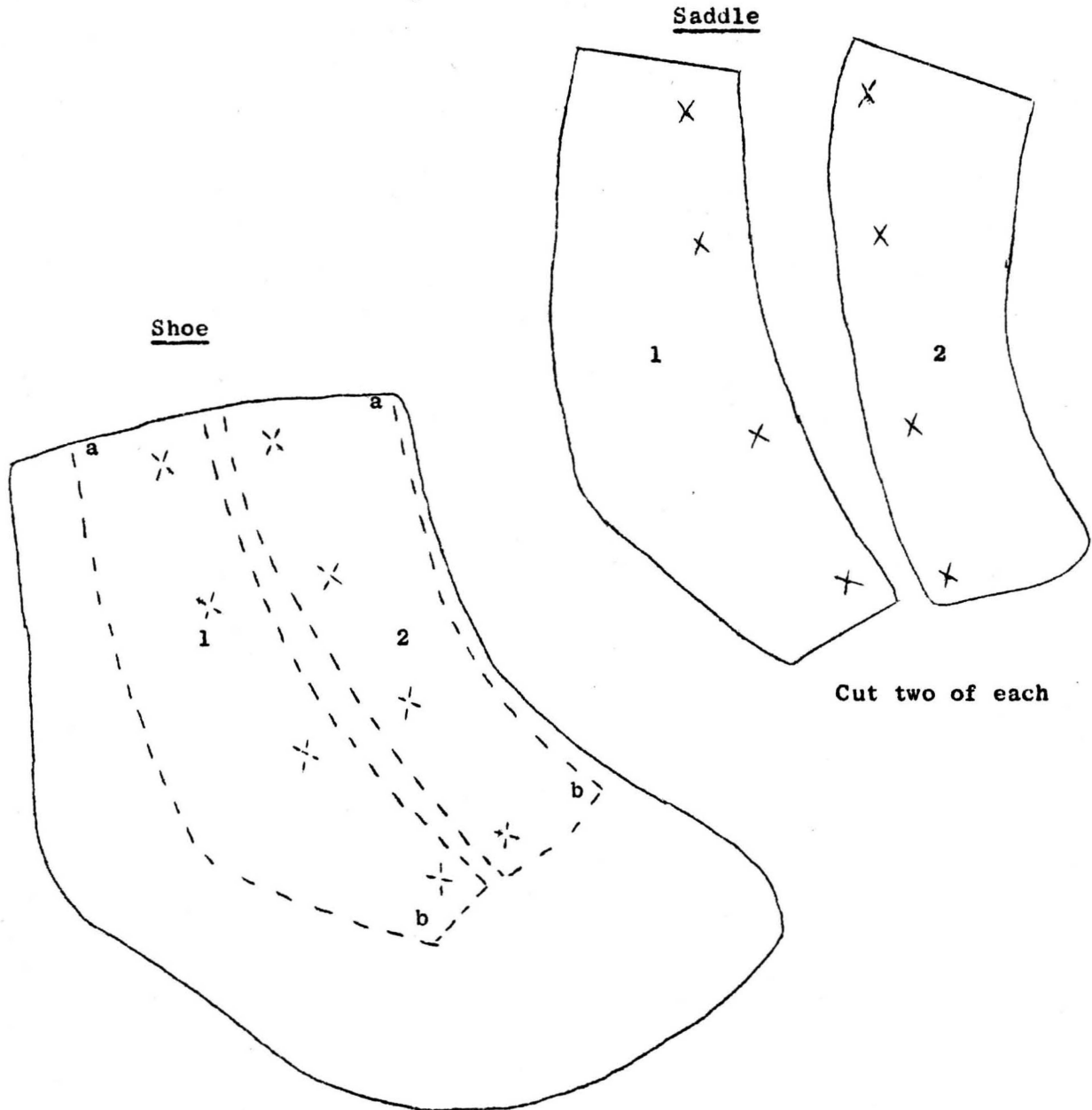


Note: Add one inch to jacket length if a 6 inch zipper is used.

- e. Shoe: From patterns cut one shoe and two of each of the saddles. Stitch the top and bottom of each saddle together, leaving the top open so they can be turned inside out. Turn and stitch across the top. (A seam allowance of  $1/8$ " has been allowed for the saddles and the shoe.)

Punch four holes in each saddle, at x's, and put eyelets in each of the eight holes. Stitch the saddles to the shoe, placing them on the dotted lines. Sew down each of the outside edges (a to b).

Turn the raw edges of the shoe under and stitch the shoe to the page. Lace with a shoe string.



- f. Cover: Sew a cloth picture on the cover, or stitch lettering "Learn How Book."
3. To assemble book and pages:
- a. Fold cover piece in half as directed in Step 2. Insert the pages, placing the raw edges of the pages into the fold of the cover.
  - b. Make three rows of stitching varying from 1/2 to 3/4 inches from the fold to catch the pages and to cover the raw edges.
4. Additional suggestions:
- a. For the younger children, cloth pictures may be stitched onto the pages instead of the "Learn How" articles.
  - b. For additional interest, words or verses may be written on the page opposite each article. These may tell about the article, or show how they are used. Write the verses in crayon. To set the color, place a cloth or paper on top of the lettering and press with a warm iron. The following sentences are suggested:
    - 1. Pocket: I can put a hankie in my pocket.
    - 2. Snaps and button: I can snap the snaps and button the buttons on my belts.
    - 3. Jacket: It's fun to zip the zipper on my jacket.
    - 4. Shoe: I'm a big {girl  
boy} now. Watch me lace my shoe.

*Beverly M Myers*

Beverly M. Myers  
Specialist in Home Management and  
Home Furnishings

The assistance of Mrs. Lillian Schwartz, Home Demonstration Agent, is gratefully acknowledged.